

## Amesbury Recreation – Staff-in-Training Volunteer Program

Are you looking for a way to get involved, build skills, and prepare for future jobs? The Amesbury Recreation Volunteer Program is designed like a **Counselor-in-Training (CIT) program**, giving teens and young adults the chance to gain hands-on experience while supporting real Rec programs.

### Who Can Join

- Open to students in **grades 8–12** and **college-aged volunteers**
- Must be friendly, responsible, and excited to work with others

### What You'll Do

As a **Staff-in-Training volunteer**, you'll assist with a variety of programs and activities, including:

- **Sports & Games:** Help set up, supervise, and play alongside participants
- **STEAM Activities:** Support projects and hands-on learning
- **Outdoor Recreation:** Raking, shoveling, kayaking, and park clean-up projects
- **Specialty Programs:** Dance, cooking, running, and more

You'll work directly with Amesbury Rec staff and get a behind-the-scenes look at what it takes to run successful community programs.

### Why Join?

- Gain **real-world leadership and teamwork experience**
- Build skills in **communication, customer service, and responsibility**
- Learn what it takes to be an **Amesbury Rec staff member**—volunteers may be considered for future **paid positions**
- Earn **volunteer service hours** that count toward school, clubs, or community requirements
- Make new friends and give back to the Amesbury community

### Commitment & Requirements

- Flexible scheduling—let us know the **days and times** you're available
- Volunteer and parent/guardian signatures (if under 18)
- One non-relative references (teacher, coach, mentor, etc.)
- Application submission
- Cori Form submission

### How to Apply

1. Complete the Cori Form and Amesbury Recreation Staff-in-Training Application located on AmesburyRec.com
2. Return to the **Amesbury Recreation Office** at 68 Elm Street, or email it to [Robitaillec@amesburyma.gov](mailto:Robitaillec@amesburyma.gov) along with Copy of ID or birth certificate.
3. We'll review your interests and availability and match you with the right program.

This is your chance to **gain experience, build confidence, earn volunteer hours, and get on track to become a future Amesbury Rec staff member!**